
FAMILY & COMMUNITY SERVICE
OF DELAWARE COUNTY

BUILDING STRONGER COMMUNITIES SINCE 1920

2018 ANNUAL REPORT



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www.fcfdc.org

February 2019

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OUR HISTORY



Family and Community Service of Delaware County (FCSDC) is a nonprofit, social service agency serving individuals and families within Delaware County, Pennsylvania. We provide services from our central office in Media, the Ralph Moses House in Chester, and several other community locations.

FCSDC has been proudly serving Delaware County for almost 100 years. We trace our origins from the Community Centre of Media which began operations in 1920. Following the consolidation and merger of Delaware County's five family service agencies between 1940 & 1946, our agency formed.

Together with our donors and our community, we continue to cultivate and embrace all individuals and families.

Our Mission

Provide services to build stronger communities through healthy, empowered individuals

Our Vision

To serve with excellence, our communities in transforming lives celebrating families and strengthening communities

MESSAGE FROM THE PRESIDENT OF THE BOARD

On behalf of the Board of Directors, I would like to say how proud I am of this agency. We've had plenty of change throughout the year, but it is clear that our focus on the services we provide to this community is unwavering. While we have certainly had many accomplishments throughout the year, the following are examples of our ongoing commitment to our community:

- *198 individuals received outpatient counseling services – 146 adults and 52 youth under the age of 18
- * 142 individuals living with HIV received Medical Case Management Services
- * Provided 25+ households with housing and ongoing supportive services, and fed over 6,300 households throughout Delaware County.

I want to thank those who have and continue to support this agency's mission. As you can see from the above examples, your contributions make a significant impact on people's lives right here in our community. You are making a difference!

At Family and Community Service of Delaware County, we understand the need to work together for a common goal. Not just for each other within the agency, but for our community and every individual we serve. As we look ahead, we mark our 100th year in business. There is a passion and a commitment that motivates this agency, and I am as excited as ever about our path forward. This great milestone is an opportunity to reflect on the lives we've supported over the years, and the positive impacts to the communities we serve.

Owen McGuire
President of the Board

LEADERSHIP TEAM

Board of Directors

Owen McGuire, President
Sandi Burke, First Vice President
Mike Cade, Treasurer
Kenneth Haughton, Assistant Treasurer
Gene Linkmeyer, Secretary
Tony Ioele, Member
John Sullivan, Member
Janet M. Webb, Member

Staff Leadership

Diane Brugnoli, Director of Finance and Administration
Advance Dixon, Director of Community Health Programs
Lisa Forever, Director of Housing and Food Programs
Heather Grinar, Director of Counseling Services
Donna Tschoepe, Director of Human Resources

OUR SERVICES

Outpatient Counseling Services

FCSDC operates a dually-licensed outpatient Mental Health Counseling and Substance Abuse Treatment facility. We provide individual, family, couples, and group counseling to children, adolescents, and adults in Delaware County. Psychiatric assessment and medication management is also available for program participants.



Our licensed staff use strengths-based and individualized interventions to treat symptoms related to anxiety, depression, grief/loss, trauma, and substance use as well as everyday life stressors. Most insurance is accepted and sliding scale private pay is available.

OUR SERVICES

Second Time Around Parenting Group (STAP)

STAP is a program for grandparents (and other relative caregivers) raising their grandchildren due to parental mental health or substance abuse problems.

Services include separate educational and support groups for grandparents and grandchildren, counseling/case management, and opportunities for socialization for grandparents and their grandchildren.

2018 Highlights

- 198 individuals received outpatient counseling services – 146 adults and 52 youth under the age of 18.
- Our facility received dual licensure for outpatient mental health and substance abuse treatment.
- A psychiatrist was hired to expand the level of services available for program participants.
- STAP members had several outings including a night out on the Spirit of Philadelphia and a private showing of the "Incredibles Two".
- FCSDC, with the help of our donors, established the supportive computer lab.

HIV Prevention and Care Services

Medical Case Management

Case management services assist individuals in navigating healthcare and other support systems with the primary goal of maintaining optimal health and quality of life. Services include:

- Assistance with application for health insurance and other public benefits
- Referral to experienced medical providers
- 340B pharmaceutical assistance
- Transportation assistance for medical appointments
- Food vouchers and other financial assistance as needed

Rapid HIV Testing

Knowing your HIV status is the first step in accessing appropriate medical care, maintaining your health, and preventing future infections. 80% of all new HIV infections originate from people who have HIV but are unaware of their status or who are HIV positive and not receiving medical care.

FCSDC offers free rapid HIV testing at multiple locations throughout Delaware County. Counselors are available to those who test positive.



OUR SERVICES

HIV Prevention and Care Services Continued

Education:

FCSDC provides HIV/AIDS prevention education and outreach services to students attending Delaware County schools and colleges, as well as at churches, senior centers, prisons, and other interested groups and organizations.

FCSDC also provides one-on-one education and counseling for individuals who are living with HIV/AIDS or are at a high risk. The program builds the individual's problem-solving, negotiation, and decision-making skills in an effort to change behaviors and make healthy choices. The goal of the program is to help individuals maintain their health, reduce transmission of HIV and other sexually transmitted infections, and improve overall quality of life.

2018 Highlights

- 142 individuals living with HIV received Medical Case Management Services
- 410 individuals received rapid HIV testing
- Sexual Health Community Education workshops were provided to 4,487 individuals
- 31 HIV Prevention Presentations were provided to 321 participants at the George W. Hill Correctional Facility
- 33 individuals received one-on-one education

On Wednesday, April 25th, 2018, FCSDC came to Widener University's Main Campus in Chester, PA and offered free HIV/STD testing, distributed over 1000 condoms, and instructed interactive sexual health seminars through events such as BINGO.

With Widener University, FCSDC is offering crucial sexual health services to one of the most affected populations. Half of the 20 million new Sexually Transmitted Infections each year take place within the 15-24 age range.

The Widener University Student Government Association has expressed interest in expanding these services.



Widener University students participating in a safe sex bingo game, receiving safe sex prizes and learning about safe sex habits and practices.

OUR SERVICES

Housing Programs

Transitional Housing and Rapid Rehousing

FCSDC partners with HUD and Delaware County to provide joint Transitional Housing and Rapid Rehousing services at **A New Day at RMH** located in the city of Chester. The program can house up to 10 homeless males at a time at who are experiencing multiple barriers to housing. Residential Counselors provide 24-hour assistance during the 90-day Transitional Housing Program. Residents learn basic life skills, budgeting and to make healthy lifestyle choices while being assisted in finding permanent housing,



2018 Highlights

Paula Thomas, through her Dish Garden program, has provided more than 75 households with dishes when they move into their new homes. She has also provided the Ralph Moses House with a 10 place setting of Corelle dishes, utensils, mixing bowls, and multiple pots in addition to towels and a new clock radio. "Having these dish sets make the new place feel like home", says one recipient.



OUR SERVICES

Permanent Supportive Housing

FCSDC partners with the Delaware County Housing Authority and Division of Adult and Family Services to provide housing subsidy vouchers to persons experiencing homelessness. Homeless individuals and families are referred to FCSDC for assistance with locating safe and affordable housing. Case managers assist program participants with budgeting, household management, and provide links to community partners for education, employment, and other social services.

Through a special grant from HUD, FCSDC provides supportive housing for single chronically homeless participants who are struggling with mental illness and/or substance abuse. Selected candidates are provided ongoing financial assistance in the form of rental subsidy vouchers in order to obtain and maintain safe, affordable housing.

2018 Highlights

- Permanent Supportive Housing supported 10 families and 17 individuals
- 15 males were served in the transitional housing program at RMH
- 8 of the 15 males were assisted into permanent housing

Food Programs

FCSDC has been a partner in the fight against hunger for many years. In partnership with Delaware County Office of Behavioral Health and through a network of social services agencies and church-based food pantries (known as DIFAN), FCSDC administers distribution of food to individuals and families throughout Delaware County who have limited food resources.

Our Food Program receives funding from the Pennsylvania State Food Purchase program and TEFAP program, as well as ongoing community support from Harvin Foods, WaWa, TD Bank, GIANT, Acme, Sav-a-Lot, and Aldi Grocery stores.

DIFAN (DelCo Interfaith Food Assistance Network) is a network of 10 food cupboards and 6 Outreach Centers throughout Delaware County providing food assistance.

OUR SERVICES

DIFAN Food Cupboards

- The Bernadine Center (Chester)
- Chester Eastside Food Center / St. Paul's Episcopal Church (Chester)
- Church of the Nazarene Food Center (Collingdale)
- Loaves and Fishes Food Pantry / Prospect Hill Baptist Church (Prospect Park)
- Media Food Center / First United Methodist Church (Media)
- Mt. Zion CME Church Food Center (Sharon Hill)
- St. Mark's United Methodist Church (Broomall)
- St. Mary's Food Cupboard (Chester)
- St. Paul CME Church (Chester)
- True Vine Missionary, Full Gospel Baptist Church (Chester)

DIFAN Outreach Centers

- The Better Living Center (Chester)
- BVM / Society of St. Vincent de Paul (Darby)
- Foundry Church (Wallingford)
- Neighbor to Neighbor (Sharon Hill)
- The Salvation Army (Chester)
- Upland Baptist Church (Upland)

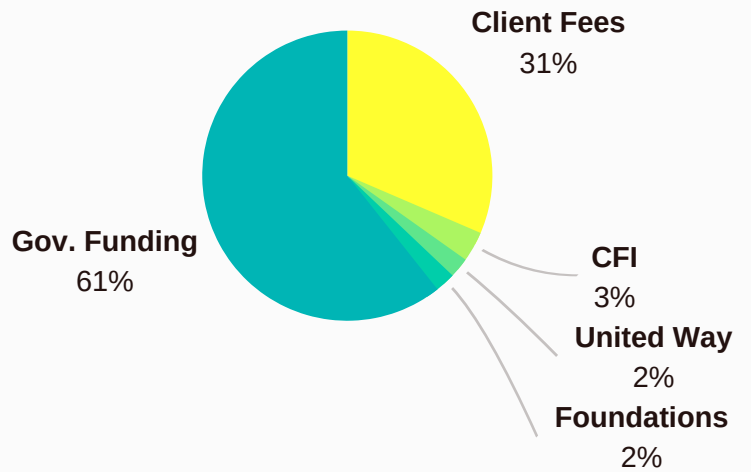
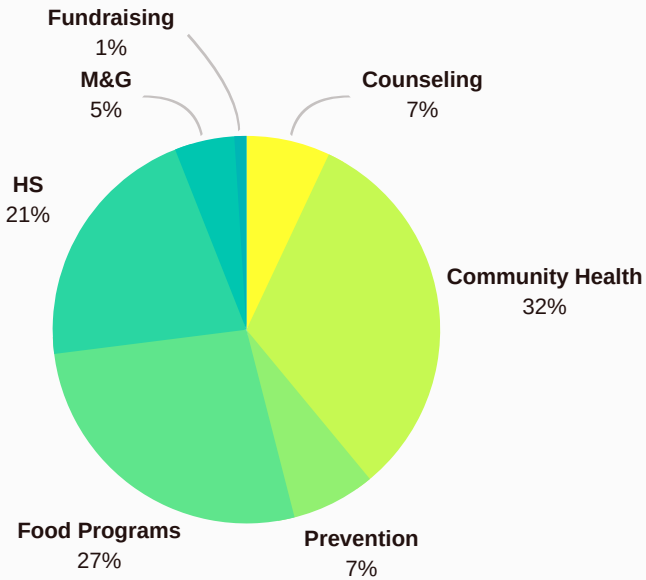


2018 Highlights

GIANT'S Bag Hunger Campaign Raises \$5.5k for FCSDC. The campaign ran from August 28th to September 8th across all 171 GIANT Food Stores with a grand total of \$768,090 collected from all stores. GIANT Food Store customers donated to their local food bank during checkout through the Bag Hunger in-store campaign. (pictured above)

Emergency and supplemental food assistance was provided to over 6,300 families / 20,000 individuals – a total of over 356,000 visits to food centers throughout Delaware County.

FINANCIALS



EXPENDITURE BY PROGRAM

Counseling Services	7%
Community Health	32%
Prevention	7%
Food Programs	27%
Housing Services	21%
Management & General	5%
Fundraising	1%

REVENUE AND SUPPORT

Client Fees	31%
CFI*	3%
United Way	2%
Foundations	2%
Government Funding	62%

* = contributions, fundraising, and investments

DONOR LIST

Over \$10,000

Keith Harvin

Giant Food Stores

\$1000 - \$5,000

PECO

Wawa

Medirax

Exelon

Cisco Corporation

Life Tree Pharmacy

Abate Construction

Amerihealth Caritas

Independence Blue Cross

Asplunch Tree Expert

Philip Volger

Mark Alden/Amy Hamilton

Johns Chambers

Mr & Mrs Zabinski

Mutual Fire Foundation

Up To \$1000

Drexel Hill United Methodist Church

Menasha Corporation Foundation

Braskem America, Inc.

Delaware County Medical Society

M&T Bank

CBIZ

Delco Foundation

Lindsay Insurance Group, Inc.

Republic Bank

ChesPenn Health Services

Pinochio's Restaurant

David Landau

Leslie & Steven Zavodnick

Amy Hamilton

Joan Scott

Mr. & Mrs. Graesser

Mike Hobson

Sandi Burke

Nancy & Jim Oetinger

Sylvan J. Hurewitz

Thomas Armstrong

Christopher Mahrer

DONOR LIST CONTINUED

Up To \$1000

David & Pat Schaeffer

Francyne Wharton

Kathleen Chambers

Kenneth Haughton

David & Melissa Clark

Chambers & Sons Flooring

Chambers Marketing

Panera

John Shaw

Tony Ioele

Janet Webb

Owen McQuire

Frank Morrison

Kathleen Chambers

Roy & Kathleen Taylor

2018 Highlights



MONTE CARLO NIGHT FUNDRAISER

FCSDC hosted its annual Monte Carlo Night fundraiser on May 17th, 2018 at the Ellis Preserve in Newtown Square. This fundraiser is the largest of the year with over 100 individuals participating.

The Ellis Preserve's famous ballroom was transformed into a night of magic, entertainment, and celebration. Featuring many exclusive raffle baskets, gaming tables, 5-star dinners, and both live and online silent auctions.

Through the hard work, determination, and generosity of both the participants and donors, FCSDC raised over \$27,000 that will go towards providing crucial services to those in need throughout Delaware County.



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